

PUPPY TRAINING GOALS
A Complete Planner for Your Labrador's First Year

By: LC Hunting Labs, LLC.

TIPS FOR USING THE PLANNER

Congratulations on taking the first step toward an exciting journey with your new Labrador! This planner is designed to help you set goals, track progress, and create a strong bond with your puppy. Here are some tips to make the most of it:

1. Set Realistic Goals:

Start with small, achievable milestones for training, socialization, and enrichment. Progress takes time, so focus on steady improvement.

2. Stay Consistent:

Dedicate time daily for training and enrichment activities. Even 10-15 minutes can make a big difference in your puppy's development.

3. Celebrate Wins:

Mark achievements in the milestone tracker or weekly logs. Recognizing progress keeps you motivated and builds your puppy's confidence.

4. Adapt as Needed:

Puppies learn at their own pace. If your Labrador is struggling with a particular skill or activity, take a step back, reassess, and adjust your approach.

5. Use Positive Reinforcement:

Reward your puppy for good behavior with treats, praise, or play. Positive reinforcement creates a strong, trusting relationship.

6. Involve the Whole Family:

Assign tasks to family members, like feeding, walking, or practicing commands, to keep everyone engaged in your puppy's growth.

7. Track Patterns:

Use the logs to identify patterns in your puppy's behavior. This can help you address challenges like potty training or barking more effectively.

8. Refer to Resources:

Take advantage of the links to blog posts and guides included in this planner. These resources provide additional insights and tips.

9. Plan Weekly Reviews:

Set aside time at the end of each week to reflect on your puppy's progress, update the planner, and prepare for the week ahead.

10. Have Fun:

This planner is a tool to enhance your experience, not add stress. Enjoy the process of raising your Labrador and cherish every moment.

TRAINING GOALS

Training Your Lab to Be a Great Family Dog

- January:** Command or Skill to Learn: _____

- February:** Command or Skill to Learn: _____

- March:** Command or Skill to Learn: _____

- April:** Command or Skill to Learn: _____

- May:** Command or Skill to Learn: _____

- June:** Command or Skill to Learn: _____

- July:** Command or Skill to Learn: _____

- August:** Command or Skill to Learn: _____

- September:** Command or Skill to Learn: _____

- October:** Command or Skill to Learn: _____

- November:** Command or Skill to Learn: _____

- December:** Command or Skill to Learn: _____

ENRICHMENT PLANNER

[3 Tips to Train Your Labrador Retriever for Hunting Season](#)

Weekly Activity Ideas:

Monday:

Puzzle Toy Play (mental stimulation)

Short Walk with Basic Command Practice (5–10 minutes)

Tuesday:

Scent Work Game (hide treats around the house or yard)

Tug-of-War or Fetch for Physical Exercise

Wednesday:

Hide-and-Seek (teach your puppy to find you or a toy)

Indoor Obstacle Course (use household items to create fun challenges)

Thursday:

Socialization Outing (visit a pet-friendly store or café)

“Name That Toy” Game (encourage your puppy to retrieve specific toys by name)

Friday:

Training Review Session (recap commands learned during the week)

Evening Relaxation Time with Grooming or Massage

Saturday:

Adventure Walk in a New Location (park, hiking trail, or new neighborhood)

Water Play (if weather permits)

Sunday:

Interactive Play with Family Members (rotate who engages with the puppy)

Rest and Relaxation Day with a Kong or Chew Toy

Activity Tracker:

Week Activity Completed (Y/N) Notes or Adjustments

Week 1:

Week 2:

Week 3:

Week 4:

Week 5:

Week 6:

Week 7:

Week 8:

Week 9:

Week 10:

Week 11:

Week 12:

Week 13:

Week 14:

Week 15:

Week 16:

Week 17:

Week 18:

Week 19:

Week 20:

Week 21:

Week 22:

Week 23:

Week 24:

Week 25:

Week 26:

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Week 37:

Week 38:

Week 39:

Week 40:

Week 41:

Week 42:

Week 43:

Week 44:

Week 45:

Week 46:

Week 47:

Week 48:

Week 49:

Week 50:

Week 51:

Week 52:

SOCIALIZATION CHECKLIST

The Importance of Early Socialization for Hunting Dogs

Places to Visit:

- Park (off-leash, if appropriate)
- Friends backyard
- Pet-friendly store or cafe
- Dog-friendly beach or lake
- Veterinarian's office (for a non-stressful visit "happy visit")
- Busy urban area (with cars, people, and noise)
- Suburban neighborhood with quiet streets
- Hiking trail
- Outdoor farmers market
- Children's playground (observe from a safe distance)

People to Meet:

- Adults wearing hats
- Adults wearing sunglasses
- Adults carrying umbrellas
- Men with deep voices
- Women with high-pitched voices
- People in uniforms (delivery drivers, mail carriers)
- Children of various ages
- Elderly individuals with walkers or canes

Animals to Encounter:

- Other dogs of different sizes
- Cats (friendly or at a safe distance)
- Horses (if safe and possible)
- Livestock (cattle, goats, chickens)
- Birds and squirrels in park

Objects and Surfaces:

- Walking on gravel
- Walking on sand
- Walking on metal grates or bridges
- Exploring stairs (indoors and outdoor)
- Approaching strollers or bikes
- Passing by wheelchairs or mobility scoots
- Experiencing elevators (if applicable)

Sounds to Experience:

- Traffic noise (cars, trucks, honking horns)
- Sirens (firetrucks, ambulances)
- Fireworks or thunder (desensitization practice)
- Loud indoor appliances (vacuum, blender)
- Barking dogs

HEALTH & FITNESS

[Common Health Issues in Hunting Dogs and How to Prevent Them](#)

Vet Visits

<u>DATE</u>	<u>Reason/Checkup</u>	<u>Notes or Follow-up Required</u>
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Exercise Log

DATE	ACTIVITY	DURATION	NOTES
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YEARLY GOALS

Top 3 Training Goals for 20____:

1. _____

2. _____

3. _____

Top 3 Socialization Goals for 20____:

1. _____

2. _____

3. _____

BEHAVIOR LOG

[The Ultimate Guide to Managing Holiday Excitement in Puppies](#)

DATE BEHAVIOR OBSERVED TRIGGER/CONTEXT ACTION TAKEN RESULTS/NOTES

REWARDS TRACKER

Find what motivates your puppy the most by tracking responses to different rewards (toys, treats, praise, etc.)

P U P P Y H O O D (0 - 1 2 m o n t h s)

“A puppy is the greatest reminder that life is full of joy, energy, and new beginnings.”
“Train your puppy with patience, and you’ll create a companion who trusts you for life.”

Fun Facts:

- Labradors are born with their eyes and ears closed; they rely entirely on their sense of smell during the first two weeks.
- A Labrador puppy’s brain is 70% developed by the time they are 8 weeks old, making early training crucial.

A D O L E S C E N C E (1 - 2 y e a r s)

“Adolescence is not a test of patience; it’s an opportunity to deepen the bond with your growing dog.”

“Through consistent training and love, even the most rebellious puppy can grow into a loyal friend.”

- Labradors are considered one of the most trainable breeds during adolescence because of their intelligence and eagerness to please.
- This stage is when Labradors experience a burst of energy; they can run at speeds of up to 12 miles per hour.

A D U L T H O O D (2 - 7 y e a r s)

“The adult Labrador is the picture of loyalty and love, shaped by every moment you’ve shared together.”

“Every adventure you take with your Lab strengthens a friendship that will last a lifetime.”

Fun Facts:

- Adult Labradors are known for their versatility - they excel in activities like agility, hunting, and therapy work.
- Labradors have a natural love for water; their webbed feet and otter-like tails make them excellent swimmers.

S E N I O R Y E A R S (8 + y e a r s)

“Senior Labradors teach us the true meaning of unconditional love and quiet wisdom.”
“Cherish every gray hair, for they are the markers of a life well-lived and loved.”

Fun Facts:

- Senior Labradors can still learn new tricks and commands, proving that you’re never too old to grow.
- Their calm demeanor often makes older Labradors excellent companions for children and seniors.